BEND URBAN TRAIL SYSTEM

WELCOME TO THE BEND URBAN TRAILS SYSTEM!
The Bend Urban Trails System is a network of developed and maintained trails that are part of the Bend Metropolitan Park and Recreation District and the City of Bend. The system is designed to provide opportunities for leisure, exercise, and aesthetic appreciation.

The Bend Urban Trails System consists of several major trails:

1. Central Oregon Canal Trail
2. Southside Trail
3. Bend River Trail
4. Deschutes River Trail
5. Bend Parkway Trail
6. Sunrise Trail
7. Oak Hill Trail
8. Old Mill Trail

The system also includes several connector trails, including:

- Deschutes River Trail
- Southside Trail
- Bend River Trail
- Bend Parkway Trail
- Sunrise Trail
- Oak Hill Trail
- Old Mill Trail

The system is designed to provide a variety of recreational experiences for all ages and abilities, including picnic areas, dog parks, and scenic viewpoints.

The Bend Urban Trails System is continuously expanding, with new trails being developed and existing trails being improved. The system is designed to provide safe and enjoyable outdoor experiences for residents and visitors alike.

If you are interested in learning more about the Bend Urban Trails System, please contact the Bend Metropolitan Park and Recreation District at (541) 389-7275 or visit their website at bendoregon.gov/parks.

TRAFFIC SAFETY

1. Keep to the right.
2. Use only marked intersections or crosswalks.
3. Follow posted speed limits and signs.
4. Use helmets and appropriate safety gear when biking.

5. Observe wildlife and respect the environment.

If you have any questions or concerns about the Bend Urban Trails System, please contact the Bend Metropolitan Park and Recreation District at (541) 389-7275 or visit their website at bendoregon.gov/parks.